

# MEDITATIONS STOOL

listed Oak.  
31cm x 22 cm



The Meditation Stool seating board is  
31 cm x 21.5 cm (x 1.8 cm thick).

## The foot is available in two different size:

H16.2 cm x 22.5 cm (x 3.6 cm thick)

(other Hight of the foot, for those whom have difficulties with knees  
are under development)

This is a Meditation Stool made out of a panel of  
listed Oak.

Inspired by Arnaldo's experience as meditation  
practitioner this Meditation Stool helps to find a  
comfortable position while kneeling down. For those who  
practice meditation and, for personal conditions,  
struggles to find the correct posture enhance the  
balance and the relaxation of the all body.

Here Arnaldo and Giulia combine and juxtapose the  
organic shape and the texture of the Oak Panel with a  
specific focus on the ergonomic . The natural value of  
the Oak Panel has been emphasized with fine handmade  
-sanding finishing layer of natural oil.

